



**PRINCETON HEALTHCARE SYSTEM**  
Department of  
Continuing Medical Education

**DEPARTMENT OF PSYCHIATRY**  
**GRAND ROUNDS B**

**Free  
Lecture**

**Title:** "Coming Out, Coming Home: Helping Families Adjust to a Gay or Lesbian Child"

**Speaker:** Michael C. LaSala, Ph.D., LCSW  
Rutgers University

**Date:** Monday, October 26, 2015, 12:30 – 1:30 pm

**Location:** 905 Herrontown Rd., Conference Center

**This course is geared to the learning needs of physicians, psychotherapists, psychologists, counselors, intermediate to advanced level social workers, nurses and related fields of practice.**

**Agenda** Stigma, parental disapproval and rejection  
Challenges for various racial and ethnic groups  
Individual vs. family therapy; joining, re-enactment, reframing

**OBJECTIVES: Upon completion of this session, the participant shall be able to:**

1. List the special challenges that coming out LGBT youth must face
2. Identify how the challenges of youth and families from various ethnic/racial groups are similar and different
3. Identify interventions that help families become closer and stronger as a result of the child's coming out

**Certificates will be handed out at the end of the lecture upon submission of evaluation. Participants must stay for the entire lecture to receive a certificate. If you have a disability that may require special arrangements, or for feedback, questions and information about continuing education credits, please contact [jkrejci@princetonhcs.org](mailto:jkrejci@princetonhcs.org).**

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