



What to Bring to the Hospital

We encourage you to bring certain personal items with you to make your stay more comfortable. Please review our list of acceptable items and also our list of things to leave at home. Please limit yourself to two small-to-medium luggage bags. A family member can always bring you additional items after you have been admitted.



What to bring:

- Clothing for daytime wear
- Loungewear for nighttime, including a robe
- Appropriate shoes for walking outside. Please be advised of the need to bring only sturdy shoes, with no open backs, and non-skid soles. Other shoes will be sent home.
- Slippers (also require closed backs and non-skid soles)
- Money — no more than \$20
- Alarm clock — battery-operated (corded clocks are not allowed)
- Appropriate reading materials (books, magazines)
- Toothbrush, toothpaste, dental floss, and any other items needed for oral hygiene
- Electric razor (no straight razors allowed)
- Deodorant, soap, shampoo/conditioner, hairbrush and other toiletries
- School books (if applicable)
- Your favorite bed linens, such as a comforter and pillows (all are optional, however, as sheets, blankets, and bathroom towels will be provided to you)
- Hairdryer (see list on the right — flat irons and curling irons are not allowed)
- A list of your current medications



What to leave home:

- Valuables
- Flat irons and curling irons
- Glass items of any kind
- Cigarettes (this is a non-smoking healthcare facility and campus)
- Razors (we do allow electric razors for hygiene)
- Laundry Detergent (available on the unit)
- Camera
- Gum
- Food of any kind
- Weights/exercise equipment
- Scissors



Electronics:

Adults may bring the following items; however, we are not responsible if they are lost, damaged, or stolen:

- Cell phone
- iPod
- Portable DVD player (for personal use only)
- Laptop computer
- Teens and children younger than 18 may bring music players or electronics without Internet access or cameras.

If you have any questions about additional personal belongings that may or may not be permitted, please contact Princeton Center for Eating Disorders at (609) 853-7575.