



# Schedule for Children and Adolescents

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 WAKE UP & ADL	6:00 WAKE UP & ADL	6:00 WAKE UP & ADL	6:00 WAKE UP & ADL	6:00 WAKE UP & ADL	6:00 WAKE UP & ADL	6:00 WAKE UP & ADL
8:00 – 8:30 BREAKFAST/GOAL SETTING GROUP	8:00 – 8:30 BREAKFAST/GOAL SETTING GROUP	8:00 – 8:30 BREAKFAST/GOAL SETTING GROUP	8:00 – 8:30 BREAKFAST/GOAL SETTING GROUP	8:00 – 8:30 BREAKFAST/GOAL SETTING GROUP	8:00 – 8:30 BREAKFAST/GOAL SETTING GROUP	8:00 – 8:30 BREAKFAST/GOAL SETTING GROUP
8:30-9:30 MEDS/ WALK/ BREAK	8:30-9:30 MEDS/ WALK/ BREAK	8:30-9:30 MEDS/ WALK/ BREAK	8:30-9:30 MEDS/ WALK/ BREAK	8:30-9:30 MEDS/ WALK/ BREAK	8:30-9:30 MEDS/WALK/ BREAK	8:30-9:00 MEDS/WALK/ BREAK
9:30-10:55 SCHOOL	9:30-11:00 SCHOOL	9:30-11:00 SCHOOL	9:30-11:00 SCHOOL	9:30-11:00 SCHOOL	9:30-10:30 BREAK	9:30-10:15 ARTFUL RECOVERY
11:05 – 11:25 SNACK	11:05 – 11:25 SNACK	11:05 – 11:25 SNACK/COMMUNITY MEETING	11:05 – 11:25 SNACK	11:05 – 11:25 SNACK	10:30-10:50 SNACK	9:00-10:00 SUPPORT SERVICES RECOVERY GROUP
11:30 – 12:25 SCHOOL	11:30 – 12:25 SCHOOL	11:30 – 12:25 SCHOOL	11:30 – 12:25 SCHOOL	11:30 – 12:25 SCHOOL	11:45-12:30 HEALTH PROMOTION	10:30-10:50 SNACK
12:25-12:40 MEDS/BATHROOM	12:25-12:40 MEDS/BATHROOM	12:25-12:40 MEDS/BATHROOM	12:25-12:40 MEDS/BATHROOM	12:25-12:40 MEDS/BATHROOM	12:30-12:40 MEDS/BATHROOM	11:00-12:40 BREAK/MEDS
12:40-1:10 LUNCH	12:40-1:10 LUNCH	12:40-1:10 LUNCH	12:40-1:10 LUNCH	12:40-1:10 LUNCH	12:40-1:10 LUNCH	12:40-1:10 LUNCH
1:40-2:20 DBT TOOLS FOR KIDS	1:40-2:20 RESTORATIVE YOGA (Level 3 AND UP)	1:40-2:20 NUTRITION ACTIVITY GROUP	1:40-2:20 PSYCHOTHERAPY	1:35-2:30 CBT FOR KIDS	1:45 – 2:30 TEAM BUILDING AND COMMUNICATION	10:00 – 5:00 VISITING HOURS
2:30-2:45 GROUP WALK (LEVEL 3 AND ABOVE)	2:30-2:45 GROUP WALK (LEVEL 3 AND ABOVE)	2:30-2:45 GROUP WALK (LEVEL 3 AND ABOVE)	2:30-2:45 GROUP WALK (LEVEL 3 AND ABOVE)	2:30-2:45 GROUP WALK (LEVEL 3 AND ABOVE)	2:30-2:45 GROUP WALK (LEVEL 3 AND ABOVE)	2:15 – 2:30 GROUP WALK (LEVEL 3 AND ABOVE)
3:00-3:15 COMMUNITY PROCESSING	3:00-3:15 COMMUNITY PROCESSING	3:00 – 3:15 COMMUNITY PROCESSING	3:00 – 3:15 COMMUNITY PROCESSING	3:00 – 3:15 COMMUNITY PROCESSING	2:45 – 3:30 BREAK	2:45-3:30 BREAK
3:30 – 4:00 SNACK	3:30 – 4:00 SNACK	3:30 – 4:00 SNACK	3:30 – 4:00 SNACK	3:30 – 4:00 SNACK	3:30 – 4:00 SNACK	3:30 – 4:00 SNACK
4:30-5:00 RECREATION THERAPY	4:00 – 5:00 NUTRITION GROUP	4:30 – 5:00 PET THERAPY	4:00 – 5:00 EXPRESSIVE WRITING	4:00 – 4:30 KARAOKE	4:00 – 5:00 VISITING HOURS CONTINUED	4:00 – 5:00 HEALTH PROMOTION
5:30 – 6:00 DINNER	5:30 – 6:00 DINNER	5:30 – 6:00 DINNER	5:30 – 6:00 DINNER	5:30 – 6:00 DINNER	5:30 – 6:00 DINNER	5:30 – 6:00 DINNER
6:30 – 7:00 ACTIVITY/RECOVERY GROUP	6:30 – 7:00 ACTIVITY/RECOVERY GROUP	6:30 – 7:00 ACTIVITY/RECOVER Y GROUP	6:30 – 7:00 ACTIVITY/RECOVERY GROUP	6:30 – 7:00 ACTIVITY/RECOVER Y GROUP	6:30 – 7:00 ACTIVITY/RECOVER Y GROUP	6:30 – 7:00 ACTIVITY/RECOVER Y GROUP
7:00 – 8:30 VISITING HRS.	7:00 – 8:30 VISITING HRS.	7:00 – 8:30 VISITING HRS.	7:00 – 8:30 VISITING HRS.	7:00 – 8:30 VISITING HRS.	7:00 – 8:30 VISITING HRS.	7:00 – 8:30 VISITING HRS.
8:15-8:45 EVENING ACTIVITY (OPTIONAL)	8:15-8:45 EVENING ACTIVITY (OPTIONAL)	8:15-8:45 EVENING ACITVITY (OPTIONAL)	8:10 – 8:45 EVENING ACTIVITY (OPTIONAL)	8:15 – 8:45 EVENING ACTIVITY (OPTIONAL)	8:15-8:45 EVENING ACTIVITY (OPTIONAL)	8:15-8:45 EVENING ACTIVITY (OPTIONAL)
9:00-9:30 SNACK	9:00-9:30 SNACK	9:00 – 9:30 SNACK	9:00-9:30 SNACK	9:00-9:30 SNACK	9:00-9:30 SNACK	9:00-9:30 SNACK

Penn Medicine Princeton Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, servicios gratuitos de asistencia del lenguaje están disponibles para usted. Llame al 1-609-853-7490.

请注意: 如果您讲中文, 您可以免费获得语言协助服务。请致电 1-609-853-7490。